

# Manifesto Analysis 2016

## Northern Ireland Assembly

### Policy asks from the Mental Health Foundation

The Mental Health Foundation calls on the Northern Ireland Assembly to:

- Invest in prevention and early intervention at all stages of the life course beginning with maternal mental health and continuing into later life; with a strong focus on people with long-term physical health conditions.
- Address the mental health legacy of the conflict by developing trauma informed approaches within communities and services that are founded on our resilience and assets as a society.
- Support individuals and communities who experience mental health inequalities and who live in poverty.
- Promote mental healthy employment by developing psychologically informed workplaces in the public, private, voluntary and community sectors.
- Support everyone's mental health literacy so that we can reduce stigma and discrimination, support each other, and know how to look after our own mental health and when we need services to recover from mental distress.

We have used a Mental Health in All Policies approach to explore how each of the manifestos might support our policy asks. We analyse how each of the party's agendas address mental health and wellbeing regarding: Communities, Children and Young People, Housing and Homelessness, Multi Morbidities and Work (page references for each party manifesto are included).

## The Parties

Northern Ireland goes to the polls on 5 May to elect the 108 members of the Northern Ireland Assembly. Please find the list of parties and their leaders below.

**Alliance Party of Northern Ireland: David Ford**

**Northern Ireland Conservatives: Harry Cullen**

**Democratic Unionist Party (DUP): Arlene Foster**

**Green Party of Northern Ireland: Steven Agnew**

**People Before Profit Alliance: no leader**

**Progressive Unionist Party: Billy Hutchinson**

**The Social Democratic and Labour Party (SDLP): Colum Eastwood**

**Sinn Féin: Gerry Adams**

**Traditional Unionist Voice (TUV): Jim Allistair**

**United Kingdom Independence Party NI (UKIP NI): David McNarry**

**Ulster Unionist Party (UUP): Mike Nesbit**

**Workers Party: Michael Donnelly**



Mental Health Foundation welcomes public mental health commitments in party manifestos across the political spectrum in Northern Ireland. (Our analysis of the political parties' manifestos is presented in alphabetical order below.) The De Hondt system within Northern Ireland means that the crafting of the Programme for Government could draw together public mental health commitments from across party manifestos to deliver substantial change over the next five years.

Manifesto commitments address both investment in mental health services and a wide range of cross-Government policies. Mental Health Foundation strongly advocates the adoption of a Mental Health in All Policies (MHiAP) approach in order to ensure that all opportunities to improve mental health are maximised across all levels of Government. We will be co-organising the UK summation conference of the European MHiAP initiative this year and establishing a UK MHiAP Consortium.

There is a need to revitalise the mental health policy framework within Northern Ireland. The last of the Bamford Review reports was published in 2007 and the world of mental health has advanced

significantly since then. We have a much stronger evidence base to know what works in areas that are at the heart of party and electorate concerns in Northern Ireland including: mental health and wellbeing at all ages, trauma, employment, stigma and the mental health of communities who experience inequalities and adversity.

The early publication of a Mental Health and Wellbeing Strategy to complement the Public Health Strategy 'Making Life Better' is vital: without this we have no current roadmap for public mental health in Northern Ireland.

Mental Health Foundation will be publishing 'Mental Health in Northern Ireland: the first 100 Days and Beyond' during Mental Health Awareness Week (16 – 20 May) in which we will outline our take on how the Assembly can achieve real change over the next five years. We look forward to working with all parties, Government Departments and civil society partners.

Dr Iris Elliott

Head of Policy and Research, Mental Health Foundation

## The Alliance Party



### Mental Health

The Alliance Party believes that Mental Health should be placed at the core of the public health agenda. (p.52)

It would place mental health at the core of the health service with our comprehensive plan to investment in and remove the stigma from mental health services. (p.5)

Support the ongoing implementation of the Bamford Review of Mental Health and Learning Disability. (p.52)

Appoint a Champion for Mental Health. (p.52)

Support ongoing multi-disciplinary evidence based care for people who are vulnerable to severe mental illness and their carers. (p.52)

Place psychological therapies at the core of the mental health services agenda and support the Psychological Therapies Strategy. (p.52)

Fully implement the Personality Disorder Strategy. (p.52)

Facilitate the rebalancing of health spending to support mental health investments, and bring spending to at least the equivalent level of spending in the rest of the UK. This includes investment in particular into Child and Adolescent Mental Health Services and Psychological Therapies. (p.52)

Fund the physical health needs for people with mental illness. (p.52)

Work to eliminate stigma and ensure dignity and respect of people with mental illness. (p.52)

Support the implementation and ongoing review of the Executive's Protect Life Strategy to combat suicide. This involves a cross-departmental response and improved follow-up support for people who attempt suicide, or who have suicidal ideation, through coordinated crisis care and enhanced additional care. Implement the Mental Capacity Act. (p.52)

Support the implementation of a Mental Trauma Service, to help address the mental health legacy of the past, which is mainstreamed across the health service. (p.52)

Work to eliminate stigma and ensure dignity and respect for people with a learning Disability. (p.55)

Fund the treatment of physical health needs of people with a learning disability. (p.55)

### Communities

The party will introduce a Single Equality Bill to overcome the lack of progress on equality legislation. (p.4)

Further investment in welfare facilities, education and awareness programmes to tackle domestic and sexual violence. This will include support for refuges and other support

services for victims, and recognition that these services require specialist expertise and knowledge from providers. (p.24)

Developing a comprehensive Strategy for Transgender People to ensure that the distinct needs of transgender people are reflected in public services and other areas of life. We will back this up with legislation if necessary. (p.25)

Placing a stronger emphasis on prevention and early intervention, and the use of the community and voluntary sector. (p.51)

With regards to welfare, the Alliance Party will:

- Continuing to oppose the bedroom tax.
- Oppose onerous obligations being placed on people who are in receipt of benefits
- Oppose a lower rate of benefits for younger people.
- Paying housing benefit directly to landlords.
- Will support a wide-range of opportunities for recipients to re-skill or re-train.
- Introduce a 'yellow card' system for benefit sanctions which would allow recipients the opportunity for an explanation and the introduction of more stringent requirements before a sanction is considered. (p.62)

Provide tailored interventions to assist the long-term unemployed. (p.63)

Advocate for a cross-departmental anti-poverty strategy to reduce poverty across our society. (p.63)

Adequately resource this strategy, using funding from the discredited Social Investment Fund. (p.63)

## **Children and Young People**

The party will continue a focus on the particular unemployment issues facing young people, including provision of a revised Youth Employment Scheme. (p.63)

## **Housing and Homelessness**

Prioritise energy efficiency measures to tackle fuel poverty. (p.63)

Ensuring any proposed reforms to social housing provision do not jeopardise fairness, quality or diminish equality of access. (p.64)

Continuing to provide revenue funding to support sheltered and supported accommodation. (p.64)

Developing a positive public understanding of the role of social housing. (p.64)

Aiming to eradicate homelessness and facilitating multi-agency working. (p.64)

Seeking to support householders when their homes are at risk of repossession to stay in their homes, by examining the feasibility of a Preventing Possession Fund similar to those in operation in Scotland and England. (p.64)

Providing access to independent advice for people in mortgage/rent arrears, including emergency help at court proceedings. (p.64)

Requiring fee-charging debt management companies to demonstrate quality assurance by subscribing to their industry's codes of practice. (p.64)

Strengthening the Pre Action Protocol for Mortgage Arrears proceedings to ensure all reasonable options to avoid possession are considered thoroughly. (p.64)

Introducing similar Pre Action Protocols for social housing rent arrears possession proceedings to ensure eviction is always a last resort. (p.64)

Examining the role of Discretionary Housing Payments for people at risk of eviction because of housing benefit cuts. (p.65)

Adopting a positive approach to the assessment of homeless applications from people at risk of repossession as a consequence of debt. (p.65)

Making affordable credit facilities more accessible (e.g. by encouraging new initiatives involving social housing providers and credit unions). (p.65)

## **Multi Morbidities**

Placing a stronger emphasis on prevention and early intervention, and the use of the community and voluntary sector. (p.51)

Focusing on improving public health (quality of diet, exercise, smoking etc) to ease demand and cost pressures. (p.51)

Support the continuation of the Public Health Agency. (p.52)

Introduce measures to discourage smoking, including controlling where smoking can occur, and to regulate the sale of tobacco products. (p.52)

Continuing to support a Minimum Price for alcoholic drinks of 50p per unit. We will monitor the outcome of any appeal by Scottish Government to assess the legal situation. (p.52)

Initiating a comprehensive review of the current availability of support services, treatment pathways and commissioning of drug and alcohol. (p.52)

## **Work**

Implement the Employment Strategy for People with Disabilities. (p.23)

Build on our record in the Executive to ensure a wide variety of education and training and schemes are available in Northern Ireland. (p.23)

Provide specific assistance for disabled people and their employers to allow access to work, following the 'Employability Programme for Deaf People'. (p.23)

Support ongoing delivery of employability-related programmes through the use of the European Social Fund. (p.54)

## Northern Ireland Conservatives



### Communities

Implement the Government's welfare reforms as agreed within the 'Fresh Start' Deal. (p.9)

### Children and Young People

The party will ring fence Northern Ireland's share of the sugar-tax and invest it in school sports and health prevention and promotion work in schools. (p.13)

## Democratic Unionist Party (DUP)



### Mental Health

The DUP will appoint mental health champions across the public sector and establish a world leading mental trauma service. (p.11)

### Housing and Homelessness

The DUP commits to delivering a further 8,000 social and affordable housing units by 2020, adding that a safe, secure and warm home produces health and educational benefits. (p.23)

On homelessness, the DUP will bring and co-ordinate all public agencies to provide the breadth and depth of support these people need. (p.23)

### Multi Morbidities

The DUP supports a continuation and amplification of the cross-Departmental approach to tackling health inequalities in Northern Ireland, building on the progress made by the Making Life Better public health strategy, as part of the next Programme for Government. We will also consider the success of initiatives like South Australia's Health in All Policies (HiAP) and examine if a similar approach could work in Northern Ireland. (p.11)

## The Green Party



### Mental Health

Promote the vision for mental health and learning disability services outlined in the Bamford Review. (p.9)

Back calls for a dedicated international mental health centre for Northern Ireland to reflect the fact that we have the world's highest rate of post-traumatic stress disorder directly linked to the conflict (p.9)

Promote health education to children in schools, so that our children learn to eat well and keep active, as well as promoting mental health and well-being (p.9)

Include information about mental health, chronic illness and disabilities in the school curriculum (p.9)

## **Housing and Homelessness**

Meet housing need and tackle homelessness through incentivising the building of 2,000 units of energy efficient social housing a year to meet lifelong living needs (p.16)

Abolish the priority need category for homeless applicants so that every homeless person can seek help (p.16)

Protect the Supporting People budget (p.16)

Continue to oppose the bedroom tax (p.16)

## **People Before Profit**



## **Mental Health**

Promote alternative treatments and therapies in place of the current over-reliance on prescription medication for a range of physical and mental health challenges. (p.7)

Increase funding for Mental Health and Disability Services with at least 25% of the Mental Health budget going to Child mental health. (p.12)

Develop a system of 24-hour access to emergency beds in children's wards with trained staff for mental health emergencies and ensure out-of-hours Social Work cover from Tusla for childcare emergencies. (p.12)

Improve liaison with and availability of school supports such as School Counsellors, Resource Teachers, SNAs and NEPS psychologists. (p.12)

Reduce the over-reliance on prescribing drugs in the mental health service. Improve access to alternatives such as Social Support, Occupational Therapy, Psychotherapy and access to art and creative therapies. Access to trained advocates and the systematic use of Advance Health Directives will be introduced. (p.12)

More closely integrate treatment of drug dependency and mental health, with promotion of nondrug options for personal and social problems. (p.12)

Restore and improve funding for mental health and addiction treatment services. (p.15)

## **Communities**

Immediately ratify The United Nations Convention on the Rights of People with Disabilities (UNCRPD), without change and alter all relevant legislation in accordance with the UNCRPD. (p.7)



Reverse all cuts that people with disability have suffered under consecutive governments. (p.7)

Provide a universal health service free at the point of delivery, funded through progressive taxation, democratically planned by health workers and service users with an emphasis on prevention and social support. (p.7)

Introduce workable schemes to replace the mobility and transport grants. (p.7)

Provide an accessible community, with good infrastructure which increases the quality of life for all. (p.7)

Provide proper funding for LGBT organisations and resource centres. (p.15)

Restore the telephone allowance which contributes to the isolation and loneliness of elderly people. (p.15)

Asylum seekers being granted the right to work and ending the practice of deporting asylum seekers. (p.15)

Outlaw discrimination in social welfare payments. Restore the social welfare payments to those under 26 to the normal rates. (p.19)

## **Children and Young People**

Provision of additional resources for disadvantaged and traveller students. (p.9)

Appropriate counselling and guidance services and SNA provision for all pupils. Early intervention should be provided for those with Special Needs and a reversal of the 15% cut to special needs support. (p.9)

## **Housing and Homelessness**

Implement regulations that ensure all homes are accessible and built in accordance to the needs of people throughout their lifespan. (p.7)

Establish an Independent National Housing Agency to oversee the delivery of safe and culturally appropriate Traveller Accommodation. (p.13)

Impose a moratorium on evictions where owners of a family home can show genuine distress. (p.13)

Introduce a homeless charter that gives people who are in emergency accommodation an option of leaving after 6 weeks. (p.13)

Reverse the cuts to the Household Benefits Package. (p.15)

## **Multi Morbidities**

Recognise drug dependency as a medical problem, not a criminal one. (p.7)

Decriminalise drugs based on the Portuguese model. (p.7)

Introduce a model of preventative medicine which will help pay for itself in the longer term. (p.12)

## **Progressive Unionist Party**



### **Communities**

The party is committed to campaigning for a written Constitution for Northern Ireland that will embody a Bill of Rights along the lines of the European Convention on Human Rights. (p.2)

The party calls for a local office in Belfast where Human Rights issues could be discussed. (p.3)

### **Work**

Target setting for inward investment by the IDB and encouragement of companies to disadvantaged areas. (p.3)

## **The Social Democratic and Labour Party (SDLP)**



### **Mental Health**

Ensuring sufficient funds are made available to improve mental health services as set out in the Bamford Review and that funding is ring-fenced from any budget cuts. (p.27)

Calling for a regional review of mental health services to examine the extent of which services are fragmented, especially in rural areas. (p.27)

The establishment of a ring-fenced Prevention and Early Intervention budget. (p.29)

### **Communities**

The SDLP is committed to defending and campaigning for equality and human rights across all sectors, regardless of: sexual orientation, religious belief, political opinion, racial group, age, class, marital status, sex, disability and between persons with dependents and persons without. (p.20)

The rise of in-work poverty is a cause for deep concern for the party and we believe that the proper regulation of zero-hour contracts is an important measure to begin to combat this. (p.35)

Tackling social isolation is a key priority for the SDLP and we recognise the potential of the arts to bring people of all ages together. (p.45)

### **Children and Young People**

A cross-departmental strategy with a shared objective in treating and supporting young children with Autism and other special educational needs. (p.29)

The proper funding of the Autism Act 2011 to ensure children with Autism and their families have the necessary support mechanisms in place. (p.29)

The SDLP will commit to tangibly reducing the amount of children born into and growing up in Child Poverty. (p.35)

## **Housing and Homelessness**

The SDLP will introduce a new homelessness strategy, aimed at helping those who are homeless and protecting those at risk of homelessness. It is incumbent on statutory agencies to work together with those in the charity sector to formulate a new homelessness strategy. (p.34)

The party pledge to streamline funding for homeless organisations on the ground, to ensure that they continue to support their wide ranging needs, including emotional and mental health support. (p.34)

The SDLP will that tackling fuel poverty is a priority for the incoming Executive. The SDLP will update the current fuel poverty programme to include a signposting and information service. The SDLP will establish a Fuel Poverty Taskforce bringing together experts, independents and the department to update the current fuel poverty programme, to ensure that it is fit for purpose and is proactive. (p.35)

## **Multi Morbidities**

The SDLP is calling for the introduction of a levy, modelled on the minimum price per unit system, to tackle binge drinking and alcohol abuse. (p.22)

## **Sinn Féin**

### **Mental Health**



The party will increase the mental health budget. (p.44)

It will complete the rollout of Suicide Crisis Assessment Nurses (SCAN). (p.44)

They will recruit mental health nurses specifically to liaise with homeless services, commencing with 5 in year one. (p.44)

Sinn Féin will increase the number of inpatient child and adolescent beds to end the inappropriate admission of children to adult psychiatric units. (p.44)

The party will increase provision for people with mental health difficulties and increase funding for counselling in primary care, which currently has long waiting lists. (p.44)

They will prioritise disability services, including respite care and mental healthcare. (p.44)

## Communities

It will end Direct Provision and replace it with a not-for-profit model with integration and human rights best practice at its core. (p.6)

Sinn Féin will significantly increase funding to domestic violence support organisations and refuges. (p.6)

They will recognise the ethnicity status of the Travelling community, including their right to traveller specific accommodation. (p.6)

It will develop a working group tasked with examining what has worked best in terms of supporting survivors of wrongs or injuries for which the State is accountable. (p.6)

Ensure transgender services are provided regionally rather than centralised in Dublin. (p.29)

Ban so called 'reparative therapies' as they are dangerous to individuals. (p.29)

Extend defamatory legislation to include offensive language towards the LGB&T community. (p.29)

The party will reinstate the full rate of Jobseekers' Allowance for under 26s; recognise the cost of disability by increasing Disability Allowance by €20; increase Fuel Allowance, Family Income Supplement and the Back to School Allowance; raise the cut-off age of the One-Parent Family Payment to 12 years old; restore the Bereavement Grant; and introduce a Telephone Allowance. (p.39)

They will legislate to provide for the establishment of a Social Protection Adequacy Commission. (p.39)

The party pledge to ensure gardaí are adequately skilled to protect and support vulnerable people – including work on child sexual exploitation, vulnerable adults, domestic violence, victims of trafficking and people with mental health issues. (p.46)

Sinn Féin will give the department of An Taoiseach specific responsibility for Disability Inclusion. This will ensure a named person with overarching responsibility for the advancement of the rights of people with disabilities sits at the Cabinet table and is party to all decisions affecting people with disabilities. Dedicated staff in the Department of An Taoiseach will be allocated responsibility for driving the cross departmental National Disability Strategy Implementation Plans, with the Taoiseach accountable to the Oireachtas. The party will also establish an Oireachtas Committee on Disability Inclusion. (p.51)

We will begin to recognise the cost of disability by increasing Disability Allowance by €20. (p.51)

## Housing and Homelessness

Sinn Féin will make funding such as the Housing Adaptation Grant for People with Disabilities payable to voluntary housing agencies and private landlords who are willing to adapt to the requirements of a long-term tenant. (p.9)

The party will fully integrate supported housing for people with intellectual disabilities and for people who experience mental illness in the community, and increase support for sheltered accommodation schemes. (p.9)

They will make an additional €30 million available to LAs and homeless agencies to house the homeless in emergency accommodation in year one of government. (p.46)

It will frontload funding to Local Authorities with a good track record of drawing down funds and providing Traveller accommodation, with penalties for those who refuse to build needed Traveller accommodation. (p.46)

Sinn Féin will develop Universal Design and Lifetime Adaptability Guidelines so new buildings can accommodate people with disabilities and save on future adaptation costs. (p.46)

The party will remove blocks on survivors seeking social housing if they are named on a mortgage with their former abuser, as laid out in Sinn Féin's Domestic Violence (Amendment) Bill 2014. (p.46)

The party will increase funding for domestic violence refuges by €5.45 million in year one of government. (p.46)

## Work

They have pledged to tackle barriers to employment for people with disabilities. (p.8)

The party will introduce 500 additional places on the Momentum scheme for jobseekers with disabilities. (p.47)

Sinn Féin will reshape and extend Community Employment to recognise it as a path to regular employment and also in recognition that community employment and services are ends in and of themselves. (p.50)

They will introduce practical supports through professional support staff, advice and guidance, alongside funding to recruit, induct, train and support volunteers. (p.50)

The party will support collective bargaining for all community and voluntary sector workers who currently do not have the ability to negotiate their pay and conditions on a collective basis. (p.50)

Sinn Féin will fund the rollout of an area-based anti-poverty programme based on the Young Ballymun model. The programme will focus on prevention and early intervention strategies. (p.50)

Sinn Féin will tackle further barriers to employment for people with disabilities by opening positive mainstream jobseeker supports to people with disabilities on a voluntary basis; increasing the capacity and promotion of specialist employment supports; securing and rolling out good practice models developed by projects such as WALK PEER and the Integrated Employment and Mental Health Support pilot Project. (p.51)

## Traditional Unionist Voice (TUV)



### Mental Health

Increased funding for Community Mental Health services to support people experiencing mental ill-health in their recovery and to further support early intervention strategies which will help prevent the need for hospital admissions. (p.29)

Adequate acute psychiatric beds so that anyone who requires an acute hospital bed should be able to access it within their trust area. No patient should be forced to travel outside their trust area. (p.29)

An education programme to enable schools to better support children experiencing mental ill health or those children who are living with a family member experiencing mental ill health. (p.29)

Develop specialised services for autism, personality disorders and increase the availability of training and support for carers. (p.29)

Improve access to psychological services to be accessed by victims of the Troubles. (p.29)

### Work

The TUV are calling on the Department for Enterprise, Trade and Investment to introduce a minimum requirement that Invest NI introduces new provisions that a percentage of jobs available should be for those with disabilities. (p.30)

## United Kingdom Independence Party NI (UKIP)



### Mental Health

UKIP will look to provide for those with 'special needs'; physical, mental or behavioural. (p.8)

### Housing and Homelessness

UKIP will press for early intervention for those needing housing adaption due to ill health or caring needs. (p.10)

The party will continue to focus on strategies to prevent fuel poverty. (p.10)

### Work

UKIP are against zero hours contracts. (p.12)

### Mental Health

The Ulster Unionist Party published a 15 point Action Plan on mental health and wellbeing. (p.10)

- Appoint a Mental Health Champion;
- Instigate a single mental health board;
- Promote prevention and early intervention;
- Introduce a legislative duty to put mental health on a par with physical health;
- Adopt an improved funding structure;
- Tackle stigma and improve awareness in society;
- Develop a world class Trauma Care Network;
- Zero suicides;
- Address the prevalence of mental health issues in the criminal justice system;
- Value the role of carers and respite facilities;
- Enhanced support for those with eating disorders;
- Break the link between disadvantage and poor mental health;
- Promote societal interventions;
- Improve access to psychological therapies;
- Close the inequalities with long-term conditions

Work to ensure the mental health and well-being needs of victims are met, including making the case for the establishment of a world class mental health and trauma centre in Northern Ireland. (p.33)

Work with local agencies to tackle poor levels of mental health and wellbeing in the LGB&T community. (p.35)

### Communities

Support a Racial Equality Strategy for Northern Ireland. (p.34)

Focus on the inclusion and integration of young people from minority backgrounds. (p.34)

Bring forward the long awaited Sexual Orientation Strategy. (p.34)

Encourage the Police to work with younger people to build relationships of benefit to the whole of society. (p.36)

### Children and Young People

Equip teachers to effectively deal with homophobic and transphobic bullying in our schools. (p.34)

## **Housing and Homelessness**

Commit to end the scenes of people sleeping rough on the streets of Northern Ireland and place a duty to prevent homelessness on statutory services such as the NHS and prisons. (p.26)

Support the creation of a cross-departmental taskforce focused on tackling fuel poverty which is target driven and Ministerial led. (p.27)

## **Multi Morbidities**

Launch a dedicated website to act as a comprehensive health information service, equivalent to NHS Choices in England, with a particular emphasis on helping people make the best choices about their health and lifestyle. (p.13)

Continue to support introducing a minimum price per unit of alcohol, and now also make it a requirement for the calorie content of alcoholic drinks to be printed on bottles and cans. (p.13)

Increase efforts to educate our young people about the dangers of drug and alcohol abuse. (p.36)

## **Workers Party**

### **Mental Health**



The Workers Party believes that developing a cohesive health and social care strategy, which tackles existing health inequalities and guarantees a proper level of funding to meet the health and social care needs of our citizens should be a social and political priority for the incoming Assembly. (p.12)

The Workers Party is calling for a minimum 30% increase in funding for Mental Health, Learning Disability and Children and Family Services in Northern Ireland and the development of service models which are considerably less dependent on hospital based delivery. (p.13)

Home treatment and crisis response teams need to be prioritised and resourced to maintain people in the community and support service users in their recovery. Similar services must also be developed to meet the needs of pregnant women and mothers, children and young people, people with a learning disability and older people. (p.13)

## **Work**

The party supports the introduction of a living wage of at least £8.50 per hour. (p.17)





# Mental Health Foundation

**[mentalhealth.org.uk](https://www.mentalhealth.org.uk)**

*The Mental Health Foundation, a UK wide charity, has been in existence for 65 years. We focus on researching and evaluating fresh approaches to mental health with a view to advocating helpful policy change and the roll out of best practice more widely. Our work is centred on prevention – we believe that there is far more scope for interventions that prevent people developing mental health problems and which sustain recovery. Access to mental health services is critical, but as a society we also need to focus on bringing down the need for these services and developing good mental health for all.*

Edinburgh Office:  
Mental Health Foundation  
18 Walker Street  
Edinburgh

London Office:  
Mental Health Foundation  
Colechurch House  
1 London Bridge Walk  
London SE1 2SX

Cardiff Office:  
Mental Health Foundation  
Castle Court  
6 Cathedral Road  
Cardiff, CF11 9LJ

Glasgow Office:  
Mental Health Foundation  
Merchants House  
30 George Square