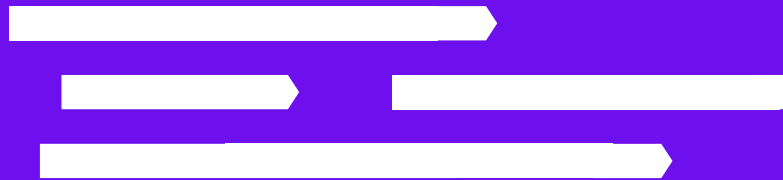




**MENTAL
HEALTH
AWARENESS
WEEK**
13-19 MAY 2024



JOIN OUR MENTAL HEALTH AWARENESS WEEK EVENT



Join us for

Where?

When?

Mental Health Awareness Week is 13 to 19 May.

The theme for 2024 is Movement: Moving more for our mental health.

www.mentalhealth.org.uk/mhaw

Mental Health Awareness Week is run by the Mental Health Foundation.

Share your **#MomentsForMovement**

@mentalhealthfoundation @mentalhealth



Donate to
support good
mental health
for all



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