

TEA & TALK

**Have a natter.
Raise money.
Change lives.**



**Hold a Tea & Talk and
raise funds to help us
create a world with good
mental health for all.**

To order your free event pack:

Visit
mentalhealth.org.uk/tea-talk
Call 020 7803 1123

Good mental health for all.



Registered Charity No.
England 801130, Scotland SC039714.
Company Registration No. 2350846.



TEA & TALK

Mental Health Foundation



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REGULATOR**

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Join our Tea & Talk...

Where:

When:

Contact:

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