



Dear Name of your headteacher ,

Your name / name of your class would like to hold a fundraising event here at

Name of your school on Date to fundraise for the Mental Health

Foundation. Mental Health Awareness Week is taking place during 15th – 21st May and we would like to take part in the Mental Health Foundation’s ‘Wear It Green Day event’ by organising Name of your event. The theme for Mental Health Awareness Week is anxiety, and the purpose of this event is to raise awareness and normalise conversations about mental health.

We have chosen to support the Mental Health Foundation as their goal is to provide ‘good mental health for all’ through mental health prevention.

The Foundation provide a Wear it Green Day Fundraising pack, which is free of charge, filled with inspiring content, guidance, and resources. Their posters, which we can use for both publicising our event and informing students about mental health are available for us to use and put on display around the school. Collection buckets can also be sent to us for free, and they supply boxes of Green Ribbon Pin badges that can be worn to raise awareness. A box of 50 can be bought for £59.99.

Our school could benefit from getting involved in Wear It Green Day because:

Write down your reasons why holding this event is important, especially for your school and the change / positive outcome you believe will come from this.

Thank you for your time and consideration of this request, I / we look forward to hearing from you.

Yours sincerely,

Your name / name of your class

