

Tea & Talk Quiz

Answers are at the bottom – no peeking!

- In which country was tea first drunk?
 - China
 - India
 - England
- Traditional English teatime is at...
 - 1pm
 - 4pm
 - 6pm
- Earl Grey tea is flavoured with which oil:
 - Orange oil
 - Oil of cloves
 - Oil of bergamot
- What percentage of children and young people have a mental health problem?
 - 15%
 - 25%
 - 10%
- What material were the first teabags made from?
 - Silk
 - Plastic
 - Cotton
- Roughly how many people in Britain will experience poor mental health at some point in their lives?
 - 1 in 2
 - 1 in 4
 - 1 in 7
- What percentage of sickness days can be attributed to mental health conditions?
 - 20%
 - 32%
 - 13%
- What ingredient do Tibetans like to add to their black tea?
 - Soy milk
 - Butter and salt
 - Turmeric
- Where does Chai tea originate from?
 - India
 - America
 - China
- Which age group reportedly typically experiences higher levels of stress?
 - 55-60 year olds
 - 10-15 year olds
 - 18-24 year olds

Answers

(1) a, (2) b, (3) c, (4) c, (5) a, (6) b, (7) c, (8) b, (9) a, (10) c