

SPONSORSHIP FORM

We are the only mental health charity working to protect mental health at all stages of life. Your support will enable us to help the 1 in 4 people who experience mental health problems each year.

giftaid it

Make your sponsorship worth 25% more by ticking the Gift Aid box.

If you are a UK tax payer and you tick the Gift Aid box on this sheet, the Inland Revenue will give us an extra 25% on top of your donation. It doesn't cost you a penny to do*

Please complete so we can match your sponsorship money against your fundraising target.

Name:
Address:
I am taking part in:

Full Name	Full Home Address (not work address)	Postcode	Amount	Tick for Gift Aid*	Received
A. Sample	2 Anyroad, Sampletown	XX4 7XX	£25	✓	✓
Full Name	Full Home Address	Postcode	Amount		
Full Name	Full Home Address	Postcode	Amount		
Full Name	Full Home Address	Postcode	Amount		
Full Name	Full Home Address	Postcode	Amount		
Full Name	Full Home Address	Postcode	Amount		
Full Name	Full Home Address	Postcode	Amount		
Full Name	Full Home Address	Postcode	Amount		
Full Name	Full Home Address	Postcode	Amount		
Full Name	Full Home Address	Postcode	Amount		
Full Name	Full Home Address	Postcode	Amount		

* If I have ticked the box headed 'Gift Aid', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the charity or Community Amateur Sports Club (CASO) named above to reclaim tax on the donation detailed below, given on the date shown. I understand that I must pay an amount of Income Tax and/or Capital Gains Tax in the tax year at least equal to the amount of tax that all the charities and CASOs I donate to, will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.

TOTAL		
--------------	--	--



